

For Immediate Release  
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artist's depiction Carma House

## WELLSPRING CALGARY AND CARMA DEVELOPERS LP TO CELEBRATE OFFICIAL OPENING OF 'CARMA HOUSE' – AN EXPANDED COMMUNITY-BASED CANCER SUPPORT CENTRE.

**Calgary AB**—On Thursday, June 11, 2009, with numerous dignitaries in attendance, Wellspring Calgary will receive the ultimate gift of community – ownership of a \$2M, 4000 square foot community cancer support centre, 'Carma House' - given to them in celebration of Calgary-based Carma Developer's 50th anniversary and corporate commitment to community. The larger centre will extend Wellspring's current reach of caring to include more patients, families and caregivers who access the centre searching for help in addressing the fear, isolation and practical problems that a cancer diagnosis brings.

The gift of this permanent home is a dream come true to the three local cancer survivors and co-founders whose vision of expanding immediate support to people who are affected by a cancer diagnosis is now a reality. "A cancer diagnosis can be devastating" says co-founder John Stephure. "As cancer survivors, we recognize that it is vitally important for not only patients, but their families and caregivers as well to get the emotional and psychological support they need at the time they want it."

Soon to be located in the beautiful community of Montgomery, Wellspring Calgary will continue to offer people who have been affected by a cancer diagnosis, a wide range of individual and group programs and services free of charge. In only two years of operations, the centre has provided more than 16,000 hours of programming options that include expressive and movement therapies as well as cognitive skills development. Various art workshops, yoga, tai chi, reiki, exercise and classes such as Chemo Brain and the Healing Journey are a small sampling of the many complementary choices people can make in support of healing at the centre.

Carma House radiates warmth in its home-like setting that is both comfortable and safe. It features a Great Room - a large central gathering place perfect for the numerous cancer support groups who use the centre for meeting space and for the numerous facilitators who deliver week-end workshops on topics of interest to the members. For those who prefer an individualized approach, each floor has been carefully designed with spaces for quiet reflection and confidential peer counseling.

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**The magnificence of the Wellspring Calgary Experience is simple.**



Wellspring welcomes men, women, young adults, families and caregivers who have been affected by cancer.



Wellspring encourages connections through membership, provides services free of charge with no referral and gives help for as long as it is needed.

**Rarely in a lifetime does one get to see lives that are changed because someone was so passionate about seeing a dream realized.**

**WHAT:** Wellspring Calgary Carma House  
Official Opening Celebration and Ribbon Cutting

**WHEN:** Thursday, June 11, 2009  
10:30 am Media conference  
11:00 am Official ceremony  
1:30 pm Public open house

**WHO:** Expected Attendance from  
Honourable Ron Liepert, Alberta Minister of Health  
Honourable Dave Bronconnier, Mayor, City of Calgary  
Dr. David Swann, MLA Calgary, Mountainview  
Mr. Alan Norris, President and CEO Carma Developrs LP

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